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companions who came down with us to Kashmir to observe peasants ploughing with *oxen* (whose wants could be less completely met) and without a dung dish! 243 262

When the corn is fully threshed, the winnowing begins in cooperation with a light breeze. Next the winnowed grain is passed through a coarse sieve (barakbèsh) whose mesh is composed of thin leather thongs which retain any particles of straw, and it is finally tossed in a finer sieve (gherbèl) which retains the grain and lets the dust through. The grain is then loaded into great skin-sacks and carried off to store. The due amount required for seed-grain is set aside first, and not the utmost extremity of hunger would induce a Hunza peasant to encroach thereon. Next, emergencies are budgeted for—births, weddings, dues such as rent (if any) and hospitality, which includes deaths in *other* homes, for relatives and friends would be disgraced if a bereaved family had themselves to bake during the first seven days of mourning. What then remains, represents the year's supply. 243 261 251

Ripe millet is treated by being beheaded, and the ears may then be threshed by cows or beaten with poles according to quantity. The buckwheats are beaten only, even small children merrily cooperating half in fun, half in earnest to show their prowess. 248

Grain for current use is carried to the mill in sacks or bags of skin. The mill-house is a picturesque cube of stone and mud situated beside a convenient irrigation channel. It may possess one wheel or two. The wheel is a vertical oblong of tree trunk, fitted with 10 or 12 wooden wings; the lower end of its axis is supported on a horizontal pole, the upper fitted into a central hole in the upper millstone. The water is led on to it by a steeply sloping hollowed log. The inside of the mill, lighted only from the door, is fitted with a cross rafter built into the walls on to which the hopper is ingeniously hung by a forked segment of tree. The hopper itself consists of a section of log, tapered and hollowed out. Attached by a string to the small tray below the aperture in the base of the hopper, is a loose clapper which is gently agitated by the rotation of the upper millstone on which it rests, this shakes the tray and encourages a steady flow of grain. The flour as ground is ejected into a hollow trough. Near by, a wooden pole, impaled on a horizontal wooden pin, projects up through the earthen floor. Each end of the pin rests on a 'Heath-Robinson' pile of stones and a simple adjustment of its height regulates the position of the lower millstone and thus the coarseness or fineness of the flour desired. The mill, the loom and the comparatively new-fangled lathe are the only [343] 402